

# TIDINGS

The Ebb & Flow of Happenings at The Tilghman Island Inn

## mother's day

**The Inn will be celebrating Mother's Day in one week.**

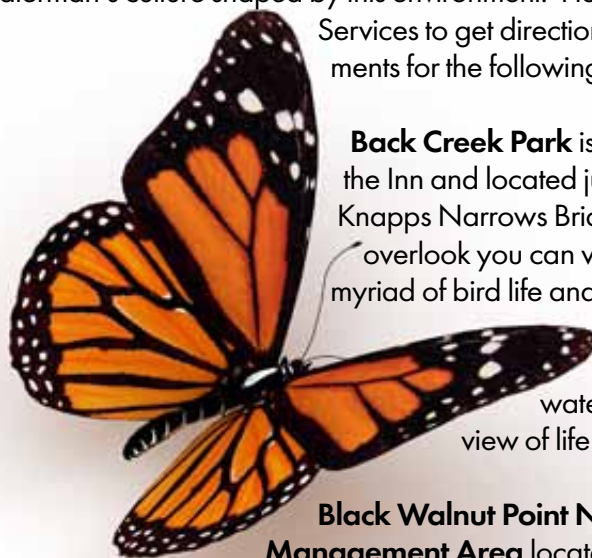
There are signs that spring weather is finally settling in. Bring your mother or the mother of your children down for a special weekend and we'll treat her to fresh flowers in the room and some chocolate dipped strawberries.

The package includes two nights lodging, dinner for two one evening, continental breakfast each morning and an extra special Mother's Day Brunch on Sunday. A relaxing massage would be a great add on to let her feel extra special. Mention this newsletter when booking your room to get the special amenities.

## Spring at The Tilghman Island Inn

With warming weather, the multitude of flowers blooming here at the Inn, our returning ospreys and a couple of 90° days we are ready for the shorts, sandals and the great outdoors. Tilghman Island offers many recreational opportunities to go out and discover the natural beauty of the Island and the Chesapeake Bay while experiencing the waterman's culture shaped by this environment. Please contact Guest

Services to get directions or make arrangements for the following opportunities:



**Back Creek Park** is an easy walk from the Inn and located just north of the Knapps Narrows Bridge. From the deck overlook you can view Tar Island with a myriad of bird life and the Chesapeake Bay beyond, or walk down to the water's edge for a closer view of life in a tidal marsh.

**Black Walnut Point Natural Resources Management Area** located on the end of the Island, a 3 mile walk, bicycle ride, or drive, offers nesting

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## Spa Services Now Offered

Enhance your visit with a relaxing aroma therapy bath and massage. Our trained professional massage therapists will take you to a special place.



## Tilghman Island Inn CHEF'S PICK- STRAWBERRY SHORTCAKE

Even after a cooler than usual spring, local asparagus, strawberries and lettuces are arriving. Wow, the difference in flavor! We had strawberries marinated in red wine, rosemary and pepper with honey thyme ice cream and chocolate cake for dessert at the wine dinner. I've picked a more conventional Strawberry Shortcake recipe.

### Strawberry Shortcakes

Biscuits:

2 cups flour  
1/2 lb butter  
2 tbs. sugar  
1 tsp. salt  
1 tbs. baking powder  
Zest and juice of 1 lemon (with 1 tsp  
baking soda added)  
1 tsp. baking soda  
1 cup of milk (buttermilk)  
Melted butter

Place dry ingredients in the work bowl of the food processor, pulse to mix add butter and lemon zest. Blend until texture of coarse cornmeal. Place in large bowl, add lemon juice and some of the milk. Stir. Add more buttermilk as needed to form a moist dough. Place on a floured surface knead to make smooth. Pat out dough about 3/8" thick. Prick all over with a fork. Cut with a 3-4" biscuit cutter. Bake at 400° about 15 minutes. Remove from the oven and brush with melted butter.

### Strawberries:

Slice 3 pints of strawberries  
Sprinkle with cup of sugar  
Add optional herbs, spices or liqueur if desired  
Black pepper and a little balsamic  
Lemon Thyme  
Orange Liqueur

Mix all ingredients and let sit for about an hour. Whip 1 pint of whipped cream.

### Assembly:

Split biscuits place on individual dessert plate. Put some whipped cream on the bottom half. Top with some berry mixture. Top with the other biscuit half. Dredge with powdered sugar. Garnish plate with more whipped cream and sliced fresh berries. An optional spring of mint is also nice.



## Photography by J.V. Ohlemeyer

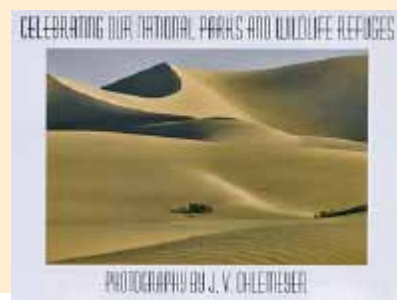
We are pleased to announce the second showing of Sherwood Resident Jim Ohlemeyer's fine photographs from May 7th – June 3rd. The collection celebrates National Parks and Wildlife Refuges across our country. His wife, Anne Moran, does all of the elegant framing. The Ohlemeyers will be at a reception open to the public May 17, 3 – 5 pm.

J. V. Ohlemeyer is a retired higher educational fundraiser who has been making pictures for more than forty years. During the past six years, he has pursued nature photography full time and made the transition from film to digital imaging five years ago.

"By its nature, photography is about light," says Ohlemeyer. "Pictures are everywhere; yet this tree or that bird may not be all that interesting. The visual interest, impact, and magic are created by light—the quality, texture, temperature, and color of light are the critical elements. A photographer must learn to see light, not just the picture."

This country's National Parks and Wildlife refuges are a source of pride and enjoyment to its citizens. Millions of people visit these areas each year and are reminded of the rich diversity and natural beauty of our country. J.V. Ohlemeyer and Anne Moran are grateful to our government for the foresight in preserving these lands and for making them accessible to the American public. They find these special places an inspiration to their photography and are pleased to present these images as a tribute to one of the country's riches resources.

All of the photos are framed and for sale. A portion of the proceeds will go to the Phillips Wharf Environmental Center.



## Ask the Chef:

If you have any questions about these or other recipes, or anything else email me at [chef@tilghmanislandinn.com](mailto:chef@tilghmanislandinn.com)

## Spring at The Tilghman Island Inn

*Continued*

eagles and awesome views of the Chesapeake Bay and the Sharp's Island Lighthouse. Take along a snack and enjoy!

**Bicycle Paths** – The State of Maryland and Talbot County have established bicycle paths throughout the county. Maps are available at the front desk, visitor's kiosks, and the Talbot County tourism office. Bicycles are available for rent from the Tilghman Island Marina right next door to the Inn.

**Kayaking** – Kayaking around the Island you will see commercial fishing boats including the famed Skipjack. As one of the last surviving waterman communities, early morning paddles will allow you to be a part of the daily migration of watermen from their island homes to the fishing grounds in the Bay as well as viewing wildlife where land and water meet. Rental kayaks and water trail maps are available at the front desk.

**Boat Rentals** – Everything from jet skis to pleasure boats can be rented at the Tilghman Island Marina & Rentals (410.886.2500) next door to the Inn.

**Charter Fishing** – Licensed charter fishing is available right from our dock or pick up a copy of the fishing map and explore on your own.

**Poplar Island** – Recently on the verge of extinction, this once 1,500 acre island is today a national model for habitat restoration and the beneficial use of dredged materials. Tours are available Monday thru Fridays and can be arranged through guest services.

**Lighthouse Tours** – Discovery cruises of 2 to 10 different Chesapeake Bay Lighthouses on board the M/V Sharp's Island. Bring your camera for fantastic photos.

**Environmental Tours** - Explore the watery world of the crab, sea horse, oyster and ancient horseshoe crab at Phillips Wharf Environmental Center's touch tank or be a waterman for a day. Dockside Express Cruises & Tours

**Climb Aboard History** – Daily cruises on the 120 year old Skipjack Rebecca T. Ruark, a national historic landmark, the oldest working authentic skipjack and skippered by a 5th generation native of Maryland's Eastern Shore.

**Cruises** - The Lady Patty a 45" classic Bay Ketch built in 1935 offers cruises several times a day including champagne sunset, and full day trips.

**Golf** – Pete Dye Championship 18-Hole Golf Course at Harbourtowne Country Club with discounts for guests of the Tilghman Island Inn.



*The Lady Patty*



*Blue Heron*



*Skipjack Rebecca T. Ruark*